

| Pos | Bib | Firstname   | Lastname    | Gender | Cat | Club                                | Finish  |
|-----|-----|-------------|-------------|--------|-----|-------------------------------------|---------|
| 1   | 76  | John        | Travers     | M      | M35 | Donore Harriers                     | 0:14:17 |
| 2   | 70  | Connor      | Rogers      | M      | MO  | Swansea Harriers                    | 0:14:49 |
| 3   | 71  | Dylan       | Nazareth    | M      | MO  | Les Croupiers Running Club          | 0:15:05 |
| 4   | 61  | Fionntan    | Campbell    | M      | MO  | Candour Track Club                  | 0:15:48 |
| 5   | 57  | Jimmy       | Sloan       | M      | MO  |                                     | 0:16:06 |
| 6   | 40  | Danny       | Bradley     | M      | M35 | Orangegrove AC                      | 0:16:19 |
| 7   | 82  | Martin      | Cox         | M      | M40 | Carmen Runners                      | 0:16:36 |
| 8   | 77  | Glen        | Taylor      | M      | MO  |                                     | 0:16:41 |
| 9   | 37  | David       | Conliffe    | M      | M45 | NI Civil Service AC                 | 0:16:45 |
| 10  | 48  | Christopher | McNickle    | M      | M40 | Springwell Running Club             | 0:16:48 |
| 11  | 17  | Matthew     | McKenna     | M      | MO  | OrangeGrove AC                      | 0:16:52 |
| 12  | 80  | Aidan       | McElhone    | M      | M40 | Mid Ulster AC                       | 0:17:07 |
| 13  | 60  | David       | Foster      | M      | M40 | North Belfast Harriers              | 0:17:10 |
| 14  | 13  | David       | McClellan   | M      | MO  |                                     | 0:17:10 |
| 15  | 24  | Matt        | Robinson    | M      | MO  |                                     | 0:17:13 |
| 16  | 15  | Aaron       | Willis      | M      | M35 | Flying Machines Running Club        | 0:17:17 |
| 17  | 50  | Brendan     | Kerr        | M      | M40 | Ballymena Runners                   | 0:17:19 |
| 18  | 46  | Oliver      | Cook        | M      | M40 | PACE Running Club                   | 0:17:21 |
| 19  | 7   | Andy        | Whiteford   | M      | M40 | Springwell RC                       | 0:17:22 |
| 20  | 34  | Aaron       | Linton      | M      | M40 | Acorns AC                           | 0:17:24 |
| 21  | 58  | Tom         | Magee       | M      | MO  | Mallusk Harriers                    | 0:17:26 |
| 22  | 47  | James       | Weir        | M      | M35 | Springwell Running Club             | 0:17:32 |
| 23  | 54  | Tony        | Scullion    | M      | M40 | Ballymena Runners                   | 0:17:37 |
| 24  | 18  | Barrie      | Atkinson    | M      | M45 | East Down AC                        | 0:17:41 |
| 25  | 19  | Martin      | Shortt      | M      | MO  |                                     | 0:17:42 |
| 26  | 12  | Terence     | Garland     | M      | M35 |                                     | 0:17:45 |
| 27  | 78  | JOHN        | MCELHONE    | M      | M45 | Mid Ulster AC                       | 0:17:49 |
| 28  | 31  | Gemma       | Turley      | F      | F40 | Ballycastle Runners                 | 0:17:49 |
| 29  | 22  | Grace       | Evans       | F      | FO  | Mid Ulster Ac                       | 0:17:54 |
| 30  | 2   | Jamie       | Neeson      | M      | MO  |                                     | 0:17:55 |
| 31  | 36  | Mark        | Mcclenaghan | M      | M45 | Pace running club                   | 0:18:03 |
| 32  | 43  | Edward      | Kearney     | M      | M35 | North Belfast Harriers              | 0:18:05 |
| 33  | 45  | Killian     | Mallon      | M      | MO  | Acorns AC                           | 0:18:06 |
| 34  | 66  | David       | Massey      | M      | M50 | North Down AC                       | 0:18:16 |
| 35  | 27  | Aaron       | Rosbotham   | M      | MJ  | Ballymena and Antrim athletics club | 0:18:24 |
| 36  | 73  | Neasa       | Reilly      | F      | FO  | CNDR                                | 0:18:27 |
| 37  | 64  | Simon       | BOYLE       | M      | M60 | North Down AC                       | 0:18:31 |
| 38  | 38  | Stephen     | Montgomery  | M      | M40 | Glenlough Running Club              | 0:18:37 |
| 39  | 69  | Donal       | Robinson    | M      | MO  |                                     | 0:18:40 |
| 40  | 28  | Stephen     | Armour      | M      | M35 | Mallusk harriers                    | 0:19:01 |
| 41  | 44  | James       | Donaghy     | M      | MO  |                                     | 0:19:01 |
| 42  | 59  | Adam        | McMinn      | M      | M40 | Run Anon                            | 0:19:04 |
| 43  | 3   | Connor      | Meeke       | M      | MO  |                                     | 0:19:11 |
| 44  | 29  | Peter       | Kennoway    | M      | M35 |                                     | 0:19:17 |
| 45  | 81  | Patrick     | McElhone    | M      | MJ  | Mid Ulster AC                       | 0:19:22 |
| 46  | 79  | CONNLA      | MCELHONE    | F      | MJ  | Mid Ulster AC                       | 0:19:22 |

|    |    |         |            |   |     |                                 |         |
|----|----|---------|------------|---|-----|---------------------------------|---------|
| 47 | 4  | Blaine  | Stewart    | M | MO  | East Coast AC                   | 0:19:30 |
| 48 | 49 | Jamie   | Bruce      | M | M35 | Eamon Gillen Health and fitness | 0:19:35 |
| 49 | 23 | Kiyomi  | Tosh       | F | FJ  | Baac                            | 0:19:40 |
| 50 | 21 | Tomek   | Wysocki    | M | M40 |                                 | 0:19:42 |
| 51 | 8  | James   | McCann     | M | M55 | Ballymena Runners               | 0:19:43 |
| 52 | 26 | Chris   | Johnston   | M | M35 | Pace running club               | 0:19:49 |
| 53 | 41 | Michael | McAllister | M | M35 |                                 | 0:19:50 |
| 54 | 25 | John    | McGuigan   | M | M50 |                                 | 0:19:54 |
| 55 | 9  | Norman  | Mawhinney  | M | M65 | Scrabo Striders                 | 0:19:58 |
| 56 | 63 | Daniel  | Dorman     | M | MJ  | St Peter's                      | 0:19:59 |
| 57 | 11 | Daniel  | Mills      | M | M35 | Galbally runners                | 0:20:01 |
| 58 | 39 | Andrew  | Hanna      | M | M45 |                                 | 0:20:24 |
| 59 | 68 | Jack    | Patrick    | M | MO  |                                 | 0:20:31 |
| 60 | 6  | Mark    | Briers     | M | MO  |                                 | 0:20:36 |
| 61 | 65 | Alan    | Mullan     | M | M45 | Belfast Harlequins Hockey       | 0:20:36 |
| 62 | 55 | Michael | Evans      | M | M35 |                                 | 0:21:45 |
| 63 | 10 | Sarah   | Benton     | F | F55 | North Down AC                   | 0:23:35 |

**Chiptime**

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|-----------|----------|---|-----|-------------|----------|----------|------------|
| 52 Hannah | Delaney  | F | FO  |             | 00:20:53 | 00:20:51 | 12:15:03.4 |
| 35 Nathan | Hodge    | M | M35 |             | 00:20:54 | 00:20:50 | 12:15:05.1 |
| 56 Ryan   | Faulkner | M | M35 | North Belfr | 00:24:39 | 00:24:35 | 12:15:05.0 |
| 51 Ryan   | Delaney  | M | MO  |             | 00:18:54 | 00:18:52 | 12:15:02.9 |

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